



## PATIENT INFORMATION

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

May we contact you via text message?  Yes  No

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female

Social Security Number: \_\_\_\_\_ Check one:  Married  Single  Widowed  Divorced  Separated

Email Address: \_\_\_\_\_ May we contact you via email?  Yes  No

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Sports/Activities you participate in \_\_\_\_\_

Spouse/children/family activities \_\_\_\_\_

Have you had previous chiropractic care?  Yes  No If yes, where? \_\_\_\_\_

Who referred you to this office? \_\_\_\_\_ Relationship \_\_\_\_\_

Reason for consulting this office (check all that apply)  Pain  Sports Injury  Auto Accident  Personal Injury  Work Related Injury

Interested in Nutrition  Obtain Optimal Health  Other \_\_\_\_\_

Describe your symptoms \_\_\_\_\_

Date of onset: \_\_\_\_\_ Have you had x-rays/MRI/CT on area?  Yes  No

Describe the pain:  Deep  Superficial  Dull  Sharp  Achy  Throbbing  Stabbing  Shooting  Burning  Boring

What percent of the day do you have pain?  0-25%  26-50%  51-75%  76-100% Have you had this problem in the past?  Yes  No

When do you feel best?  Morning  Afternoon  Evening When do you feel worst?  Morning  Afternoon  Evening

Have you seen anyone else for this condition?  Yes  No

If yes, who?  MD  Physical Trainer  Chiropractor  Athletic Trainer  Other \_\_\_\_\_

What was their diagnosis? \_\_\_\_\_

Have you done any self-treat for this condition?  Ice  Heat  Stretching  Medication  Massage

Severity of pain today, on a scale of 0-10? \_\_\_\_\_ At time of injury? \_\_\_\_\_ Average since? \_\_\_\_\_

# PATIENT INFORMATION CONTINUED

Have you had injuries in the past? Please include all auto accidents, falls, sports trauma, etc and dates: \_\_\_\_\_  
\_\_\_\_\_

Have you had any surgeries or hospitalizations? Please list dates as well: \_\_\_\_\_  
\_\_\_\_\_

Please list any diseases and dates: \_\_\_\_\_  
\_\_\_\_\_

Are you taking any medications? List dosage and reason for taking: \_\_\_\_\_  
\_\_\_\_\_

Are you taking any supplements? List dosage and reason for taking: \_\_\_\_\_  
\_\_\_\_\_

Do you drink/eat dairy?  Yes  No Servings/week \_\_\_\_\_ Do you eat fast food?  Yes  No Times/week \_\_\_\_\_

How often do you drink alcohol?  Never  Rarely (1x/mon)  Occasionally (1x/wk)  Moderately (2-3x/wk)  
 Frequently (4-5x/wk)  Excessive (6-7x/wk)

How often do you exercise?  Daily (6-7x/wk)  Frequently (4-5x/wk)  Intermittently (2-3x/wk)  Occasionally (1-2x/wk)  Never

How much do you smoke?  Never  1/2 pack/day or less  1 pack/day  1-2 packs/day  More than 2 packs/day

How old is your mattress? \_\_\_\_\_ years

What position do you sleep in?  Back  Stomach  Side with legs together  Side with top leg higher

What is your stress level, on a scale of 0-10?

Describe your job duties: \_\_\_\_\_  
\_\_\_\_\_

How many hours do you sit in a chair per day? \_\_\_\_\_ How many hours per week do you work? \_\_\_\_\_

**I have read and reviewed the information contained herein and represent that it is true, correct, and complete. I understand that the doctor is relying upon the information in rendering treatment.**

\_\_\_\_\_  
Patient Signature (Parent or Guardian if necessary)

\_\_\_\_\_  
Date

## OFFICE USE ONLY

Dominant Hand:  R  L Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BP: \_\_\_\_\_ / \_\_\_\_\_

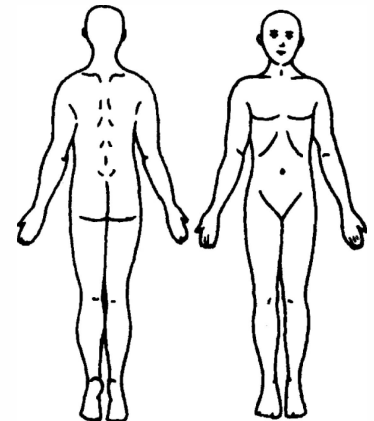
Respirations: \_\_\_\_\_ Pulse: \_\_\_\_\_ Self Manipulate?  Y  N C/T/L How often \_\_\_\_\_

Radiation to extremities:  Y  N Other systems involved?  Y  N \_\_\_\_\_

↑ pain: Flex/Ext/RRot/LRot/LLF/RLF C/T/L/UE/LE R/L

↓ pain: \_\_\_\_\_

↓ ROM: Flex/Ext/RRot/LRot/LLF/RLF C/T/L \_\_\_\_\_





Below are a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall course of care.

**CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:**

- |                                    |  |   |  |   |
|------------------------------------|--|---|--|---|
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Mumps         | <input type="checkbox"/> Influenza      | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox        |
| <input type="checkbox"/> Pleurisy  | <input type="checkbox"/> Polio         | <input type="checkbox"/> Chicken Pox    | <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Epilepsy      | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer          | <input type="checkbox"/> Mental Disorders |
| <input type="checkbox"/> Anemia    | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lumbago        | <input type="checkbox"/> Measles         | <input type="checkbox"/> Thyroid          |
| <input type="checkbox"/> Eczema    |  |   |  |   |

**INTAKE:**

Coffee \_\_\_\_\_ oz/day

Tea \_\_\_\_\_ oz/day

White Sugar \_\_\_\_\_ oz/day

**Genito-Urinary**

- Bladder Trouble
- Painful/Excessive Urination
- Discolored Urine

**C-V-R**

- Chest Pain
- Short Breath
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling
- Stroke

**Gastro-Intestinal**

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver Problems
- Full Bladder Problems
- Weight Trouble
- Abdominal Cramps
- Gas/Bloating After Meals
- Heartburn
- Black/Bloody Stool
- Colitis

**Nervous System**

- Nervous
- Numbness
- Paralysis
- Dizziness
- Forgetfulness
- Confusion/Depression
- Fainting
- Convulsions
- Cold/Tingling Extremities
- Stress

**Male/Female**

- Menstrual Irregularity
- Menstrual Cramps
- Vaginal Pain/Infection
- Breast Pain/Lumps
- Prostate/Sexual Dysfunction
- Other Problems
- \_\_\_\_\_
- \_\_\_\_\_

**Musculoskeletal**

- Low Back Pain
- Pain Between Shoulders
- Neck Pain
- Arm Pain
- Joint Pain/Stiffness
- Walking Problems
- Difficulty Chewing/Clicking Jaw
- General stiffness

**Female Only**

When was your last period? \_\_\_\_\_

Are you Pregnant?  Yes  No  Not Sure

Due date: \_\_\_\_\_

**General**

- Fatigue
- Allergies
- Loss of Sleep
- Fever
- Headaches

**Ear, Nose, Throat**

- Vision Problems
- Dental Problems
- Sore Throat
- Ear Aches
- Hearing Difficulty
- Stuffed Nose
- Dry Mouth
- Vertigo/Dizziness

## FAMILY HEALTH HISTORY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Select all choices that apply to your family (do not include relations by marriage)

	Mother	Father	Siblings	Children	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather
If no longer living, please list cause of death								
Arthritis								
Cancer - type								
Depression								
Diabetes								
Headaches								
Heart Attack/Disease								
High Blood Pressure								
Multiple Sclerosis								
Osteoporosis								
Stroke								
Thyroid Disease								

I understand that the information I have provided is current and complete to the best of my knowledge.

\_\_\_\_\_  
 Signature (Parent or Guardian if necessary)